

Review in:

Dyslexia Contact
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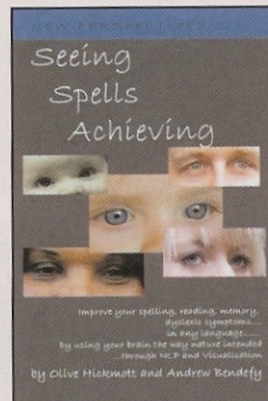
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Seeing Spells Achieving

Olive Hickmott and Andrew Bendefy
MX Publishing (A New Perspectives Book 2006)
2006, 164 pages, £9.95
ISBN 1904312209

"Seeing Spells Achieving" has been written for those who struggle with words, and those who support them, such as parents or teachers. The writers claim that 100% of dyslexics do not use visualisation to see words. The book teaches visualisation which is a skill that is useful not only for spelling, but also for comprehension.



Hickmott and Bendefy are both qualified in NeuroLinguistic Programming. Dyslexia specialists have usually heard of the NLP spelling method which is based on how good spellers spell. This method is clearly explained and is a more efficient way of learning spelling than a laborious working through "the minefield of rules and counter rules" of the English language.

Exercises to develop visual memory start with objects and then move on to individual words and text. These exercises are well structured and emphasise the same need for practice that any new skill requires before it becomes second nature.

The book does more than work on visualisation skills. It uses techniques from NLP to help learners replace self-limiting beliefs with more positive thoughts. Exercises help learners to implement change and to become "unstuck" from feelings of failure and worthlessness about their previous learning.

"Seeing Spells Achieving" is suitable for those who support dyslexics because its explanations are much more accessible than its title would indicate. It is particularly appropriate for use with those dyslexics who believe that they will never be able to spell.

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